



AYR SEAFORTH

ATHLETIC CLUB

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ANNUAL AWARDS PRESENTATION

11th NOVEMBER 2016



Welcome from our Committee



We're delighted to welcome you all to our Annual Awards Presentation and a special thank you to our sponsors for the evening, Mactaggart & Mickel Homes.



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This has been a busy year for the Club across all our disciplines. In track and field, we were successful in bringing major Scottish Athletics events to Dam Park, hosting the SuperTeams and first match of the Youth Development League. We're pleased this will continue in 2017. We're also helping to develop the Ayrshire Open events, working together with North Ayrshire Athletics Club and Kilmarnock Harriers to introduce a new online entry system from next season and hopefully electronic timing.

On the cross country front, Ayr Seaforth will be hosting the 2016 West District Cross Country Championships on Sunday 4th December on the former Digital site. We're also involved in proposals for a West of Scotland Cross Country League which we anticipate will start in 2017.

In road running, as well as the annual Land O'Burns 10K in May, we hosted a 5K Family Fun Run as part of TamFest in October, which saw skeletons, ghouls and other ghostly creatures run down Ayr High Street.

One of our key achievements this year has been to set up a disability section, made possible by welcoming ACE RaceRunning Club to Ayr Seaforth. You can read more about this on Page 16.

Changes to the Committee have seen several new members join recently. Together we will continue to work on the Club Business Plan and Club Modernisation for the benefit of our members. On that note, we must acknowledge the dedication and hard work of all our athletes, many of whom have enjoyed success this year at national level. Congratulations to all our winners this evening.

But we finish with a special thank you to our coaches and volunteers, often whom go unnoticed. Without you the Club couldn't exist and we are truly indebted to you for keeping going the great tradition that is Ayr Seaforth.

Here's to an exciting and successful year ahead.

Ayr Seaforth Committee



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We are an award-winning family house builder and have been building new homes and communities in Ayrshire and across Scotland since 1925. We have always strived to make an active and positive contribution to the communities in which we build and since we were first made aware of Ayr Seaforth by one of our employees, have been keen to support what is a very worthwhile and popular club for local residents of all ages.

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Congratulations to all of the award winners this evening and also to all the athletes at Ayr Seaforth!

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PRESENTATION OF AWARDS

CLUB TRACK & FIELD CHAMPIONSHIPS

TROPHY WINNERS & RUNNERS UP

U9 BOYS

Winner - Brady McLean
 Runner Up - Sam McCrorie

U9 GIRLS

Winner - Reese Devine
 Runner Up - Oriana Baya

U11 BOYS

Winner - Conor Scobie
 Runner Up - Calum Hannah

U11 GIRLS

Winner - Erin Ramsay
 Runner Up - Jenna Beswick

U13 BOYS

Winner - Lewis Martin
 Runner Up - Toby Nixon

U13 GIRLS

Winner - Morven Hubbard
 Runner Up - Ruth McVeigh

U15 BOYS

Winner - Euan Duff
 Runner Up - Jamie McCullough

U15 GIRLS

Winner - Charlotte McDowall
 Runner Up - Holly McIntyre

U17 MEN

Winner - Daniel Martin
 Runner Up - Stuart Dunlop

U17 WOMEN

Winner - Katie McAlpine
 Runner Up - Rhea Campbell

U20/SENIOR MEN

Winner - Andrew McElwee
 Runner Up - Kieran Struthers

U20/SENIOR WOMEN

Winner - Rebecca Campbell

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CROSS COUNTRY

TROPHY WINNERS & RUNNERS UP

U11 BOYS

Winner - Fergus Muir
Runner Up - Calum Hannah

U13 BOYS

Winner - Alex Crooks
Runner Up - Euan Bell

U15 BOYS

Winner - Scot Sprang
Runner Up - Declan McGhee

U17 MEN

Winner - Fraser Stirling
Runner Up - Lewis Ross

SENIOR MEN

Winner - Kenny Neill
Runner Up - Stephen McDowall

U11 GIRLS

Winner - Islay Hubbard
Runner Up - Abbie Chilton

U13 GIRLS

Winner - Morven Hubbard
Runner Up - Rosie Davidson

U15 GIRLS

Winner - Caitlin Chilton
Runner Up - Kelly Cunningham

U17 WOMEN

Winner - Mia Cullis
Runner Up - Emma Frew

U20 WOMEN

Winner - Kirstin Oakley
Runner Up - Beth Macrae

SENIOR WOMEN

Winner - Toni McIntosh
Runner Up - Gael Riddle

ROAD RACE

TROPHY WINNERS & RUNNERS UP

MEN

Winner - Kenny Neill
Runner Up - Callum MacDonald

WOMEN

Winner - Laura Wallace
Runner Up - Gael Riddle



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CLUB SPECIAL AWARDS

The Glen Harrower Memorial Trophy for Male Club Athlete of the Year:

Lewis Ross

Presented in recognition of the effort Lewis put in during the course of last year to lower his 1500m PB time and his 800m PB to sub 2 minutes, which he achieved in August. His determination paid off when he was placed 2nd in the Scottish U17 National Age Group Championships at Grangemouth with a time of 4:08.31.



Male Club Athlete of the Year Runner Up:

Daniel Martin

Presented in recognition of the effort Daniel made in reducing his PB time for 400m which, over the course of the season, he lowered by almost 3 seconds, resulting in a ranking of 19th in Scotland.



The Maureen Harrower Memorial Trophy for Female Club Athlete of the Year:

Kirstin Oakley

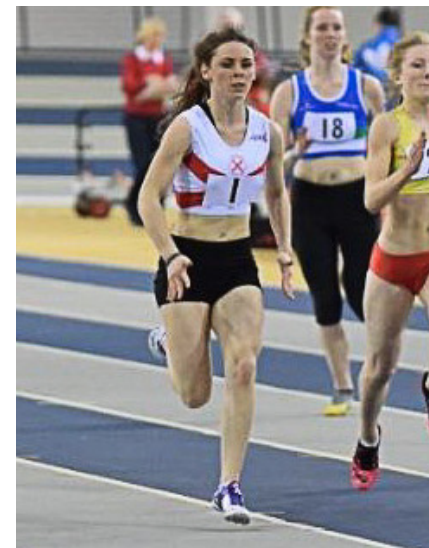
Presented in recognition of continued success at national level. During the 2016 season Kirstin lowered her PB in 3000m by 23secs to 9:48.23, setting a new club record and is ranked 19th in the UK at this distance. At 5000m she set a new club record of 17:39.85 and is ranked 11th in the UK.



Female Club Athlete of the Year Runner Up:

Aimee McGinley

Presented in recognition of achievements over the course of the season which saw Aimee take 1st place in the Northern Ireland & Ulster National Age Group Championships for U20 100m (12.69s) and also 3rd place at the Scottish National Age Group Indoor Championships for U20 60m (7.81s).



CLUB SPECIAL AWARDS

The Simon Campbell Memorial Trophy for Best Achievement U17 Men:

Lewis Ross

See Page 9

The Ernest Thursby Trophy for Excellence in Field Events:

Euan Duff

Presented in recognition of achieving 2nd place in Long Jump at U15 Scottish National Age Group Indoor Championships and 3rd place in Long Jump at U15 Scottish National Age Group Outdoor Championships.

The Sean Carson Memorial Shield for Excellence in Throwing Events Juniors U13/U15/U17:

Amy Leith

Presented in recognition of continued progress in throwing events, culminating in 3rd place in U17 Javelin at Scottish West District Championships.

The Andy Smith Cup for Special Contribution to Ayr Seaforth:

Caron Shanks

Presented in recognition of continued work over several years in support of Ayr Seaforth. Caron works tirelessly dealing with club merchandising and also acts as a Team Manager.

Trophy for Excellence in Track Events:

Morven Hubbard

Presented in recognition of winning both the U13 Girls Club Championship and Cross Country Championship, as well as taking 1st place at U13 Girls 1500m Scottish National Age Group Championships in a time of 5:03.67.

Trophy for Commitment to RaceRunning:

Gavin Drysdale

Presented in recognition of Gavin's continued success at RaceRunning in which he holds multiple World Records. This year Gavin took 1st place at 100m, 200m, 400m, 800m and 1500m in the Cerebral Palsy International Sports & Recreation European Games.

Trophy for Volunteer of the Year Age U25, for contribution to the work and life of Ayr Seaforth:

Joint winners Alison Leckie and Conor Rennie

Presented in recognition of Alison and Conor's commitment to Ayr Seaforth. Both coach regularly, as well as undertaking several other roles in the running of the Club.

Trophy for Excellence in Road Running, Hill Racing and Ultra Distance Running:

Mark Caldwell

Presented in recognition of continued dedication and excellence in distance running, for anything between 10k and 110 miles. Mark thinks nothing of taking on races where he is running for up to 24 hours.

AWARDS FOR NEW CLUB RECORDS 2016

U11 GIRLS

Jenna Beswick

High Jump - 1.00m, 8/5/16, Ayr
600m - 1:55.47s, 28/8/16, Grangemouth

Eve Beswick

Shot Put - 4.82m, 8/05/16, Ayr
Shot Put - 4.99m, 4/09/16, Pitreavie

Erin Ramsay

75m - 11.20s, 10/4/16, Kilmarnock
150m - 21.87s, 8/6/16, Kilmarnock
60m - 9.04s, 9/8/16, Linwood
100m - 14.88s, 23/8/16, Glasgow
200m - 31.28s, 23/8/16, Glasgow

Libby White

800m - 2:58.04s, 28/9/16, Wishaw

Erin Ramsay, Jenna Beswick, Amy McCann, Libby White

4 x 200m Indoor Relay - 2:09.64s, 20/3/16, Glasgow

Erin Ramsay, Libby White, Eve Beswick, Jenna Beswick

4 x 100m Relay - 61.00s, 29/5/16, Kilmarnock

U20 WOMEN

Kirstin Oakley

5000m - 17:39.85s, 29/7/16, Glasgow

Kirsten McClymont, Georgia Brawley, Louise Murray, Nadia Simpson

4 x 200m Indoor Relay - 1:48.33s, 13/2/16, Glasgow

U20 & SENIOR WOMEN

Aimee McGinley

60m Indoor - 7.81s, 6/3/16, Glasgow

Kirstin Oakley

3000m - 9:48.23s, 3/6/16, Glasgow

U11 BOYS

Ben Edwards, Calum Hannah, Conor Scobie, Ethan Levington

4 x 200m Indoor Relay - 2:17.98s, 20/3/16, Glasgow

U13 BOYS

Lewis Martin

Pentathlon - 1213pts, 13/8/16, Belfast

U17 MEN

Callum Meldrum

Heptathlon - 3681pts, 13-14/2/16, Glasgow

U20 & SENIOR MEN

Jamie Roberts, Rhys Sim,

Kieran Struthers, Sean Morrison

4 x 200m Indoor Relay - 1:37.88s, 13/2/16, Glasgow

AYRSHIRE HARRIERS AWARDS

AGE GROUP AWARDS

U11 GIRLS - Erin Ramsay

U13 GIRLS - Morven Hubbard

U15 GIRLS - Charlotte McDowall

U17 MEN - Callum Meldrum

U20 MEN - Kieran Struthers

ATHLETES OF THE YEAR

JUNIOR WOMEN - Kirstin Oakley

SENIOR WOMEN - Laura Wallace

SENIOR MEN - Kenny Neill

CLUB AWARDS FOR BEING PLACED IN A NATIONAL COMPETITION

Lewis Ross

See Page 9

Morven Hubbard

Scottish National Age Group Outdoor Championships, Grangemouth Stadium
1st U13 1500m (5:03.67)

Aimee McGinley

See page 10

Euan Duff

Scottish National Age Group Outdoor Championships, Grangemouth Stadium
3rd U15 Long Jump (5.71m)

Scottish National Age Group Indoor Championships, Emirates Arena, Glasgow
2nd U15 Long Jump (5.54m)

Louise Murray

Northern Ireland & Ulster National Age Group Championships, Belfast
2nd U20 400m Hurdles (77.09s)

Nadia Simpson

Northern Ireland & Ulster National Age Group Championships, Belfast
3rd U20 100m (13.09s)
2nd U20 200m (26.79s)

Kirstin Oakley

Scottish National Age Group 3000m Outdoor Championships, Glasgow
3rd 3000m (9:48.23)

Carolyn Harvey

Scottish Senior Indoor Championships, Emirates Arena, Glasgow
2nd Triple Jump (11.25m)

Hannah Paisley

Scottish National Age Group Indoor Championships, Emirates Arena, Glasgow
3rd U17 Shot Put (10.28m)

Callum Meldrum

Scottish National Age Group Indoor Championships, Emirates Arena, Glasgow
3rd Shot Put (11.59m)

Peter Laing

Scottish National Masters Indoor Championships, Emirates Arena, Glasgow
3rd 800m (2:29.44)

Scottish National Masters 5000m Championships, Glasgow
2nd 5000m (19:04.50)

Bobby Stevenson

Scottish National Masters Indoor Championships, Emirates Arena, Glasgow
1st Long Jump (4.97m)
1st Triple Jump (10.13m)

Scottish National Masters Championships, Aberdeen
1st Long Jump (4.76m)
1st Triple Jump (10.29m)

Gillian Hannah

Scottish National Masters Championships, Aberdeen
2nd 100m (16.35s)

Scottish National Relay Championships

4 x 100m, Grangemouth

3rd U15 Boys (50.30s)
Euan Duff, Marc Mulgrew, Callum McKenzie, Jamie McCullough

U12 SuperTeams Championships, Ayr

3rd place
Eve Beswick, Jenna Beswick, Libby White, Erin Ramsay

National Junior Road Race Championships, Greenock

2nd U13 Girls
Morven Hubbard, Evie McKay, Rosie Davidson

National Cross Country Short Course Championships, Glasgow

2nd U17 Men
Rhys Sim, Fraser Stirling, Lewis Ross



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*Congratulations to all competitors,
coaches, officials and volunteers
at Ayr Seaforth.*

Update from our Club Together Officer

Another year and another great presentation night to look forward to, where we reward our athletes and volunteers for their hard work and commitment. For me as the Club Together Officer it's the start of a new chapter as my three year contract comes to an end and I begin my new post as Pathways Development Officer:



Ayr Seaforth continues to be popular, with a growing waiting list. The 6-7pm group has almost 60, with eight coaches regularly volunteering to provide fun athletics activities. The Club now effectively operates five days per week, with the introduction of an adult track session on Thursday evenings proving popular. The challenge for the coming year will be to maximise those available training slots to reduce the waiting list for younger athletes.

In May we welcomed ACE RaceRunning Club to join Ayr Seaforth and began to establish a disability section under the leadership of David Phee, our Inclusion Officer. In preparation for this, we organised an Inclusive Athletics course at Dam Park led by Shona Malcolm and assisted by Paralympian Jo Butterfield which 14 of our coaches attended.

Again, our coaching team has expanded over the past year. Seven coach helpers attended Coaching Assistant courses and a further three are booked on upcoming courses. Six coaches also started their journey towards becoming Athletics Coaches and are due to sit their practical assessment in November. This is a big commitment with four full days of learning, an online knowledge test and 'homework'. Everyone appreciates the time coaches give to develop their knowledge for the benefit of our athletes.

I've been working more closely with Active Schools and the Competitive School Sports Officer. As a result, sports hall athletics and Primary Schools Cross Country are now included in the competition calendar increasing the profile of the sport within South Ayrshire schools.

The Club has developed considerably over the past three years, including an increase in membership by over 100 to 363; the introduction of new training sessions making the Club more inclusive; greater numbers of committed volunteers; the achievement of the Scottish Athletics Podium Award, the top level of club accreditation; and an increase in active coaches, particularly female coaches.

We hope the Club will continue to grow over the next year. As Benjamin Franklin said, "Without continual growth and progress such words as improvement, achievement and success have no meaning".

Tracy Martin
Ayr Seaforth Club Together Officer



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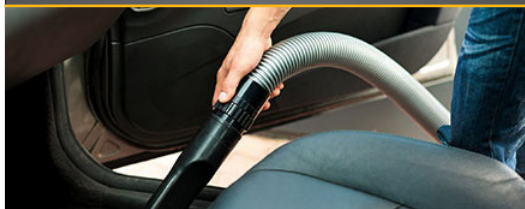
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